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By Jim Taylor

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May 18th, 2020 - the extent to which respondents discuss psychological issues with athletes varied by subspecialty and by specific issues assessed fears about reinjury fears related to surgery and lack of patience with recovery rehabilitation were the 3 most mon injury related topics discussed with patient athletes'

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May 24th, 2020 - despite growing interest into the role of physiotherapists in providing psychological rehabilitation to athletes during sport injury very little research exists outside north america australia and new zealand e g hemmings amp povey 2002'

'rehabilitation in sport physiopedia

May 27th, 2020 - during rehabilitation after a sports injury it is important to try to maintain cardiovascular endurance thus regular bicycling one legged bicycling or arm cycling an exercise programme in a pool using a wet vest or general major muscle exercise programmes with relatively high intensity and short rest periods circuit weight training can be of major importance'

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May 24th, 2020 - psychological interventions such as mental skills interventions can both prevent injury and enhance injury rehabilitation and return to sport when emotional disturbances and clinical issues e g major depression anxiety eating disorders substance abuse trauma are present sports medicine professionals should refer athletes to a qualified mental health professional'role of sport medicine professionals in addressing April 1st, 2020 - for holistic and effective treatment in injury rehabilitation client adherence rates to rehabilitation programs remain a notable concern in the literature 57 59 because nonadherence to a rehabilitation program increases the risk of a subsequent injury 60 motivation for participating in an injury rehabilitation program is an often cited factor in treatment adherence pliance and'

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May 24th, 2020 - while not specific to acl injuries an integrated model of psychological response to injury and rehabilitation targets three responses to injury that in turn will determine the patient s approach and adherence to the rehabilitation process 13 all three responses are mediated by both personal personality motivation self belief perception of control resilience history of injury and'

'utilizing imagery to enhance injury rehabilitation the

May 26th, 2020 - the sports programs that treat the entire person and not just the injury are more likely to help the athlete overe the physical and psychological stress that results three effective mental imagery techniques that positively promote the healing process for injured athletes are visual imagery emotive imagery and healing

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May 14th, 2020 - giustini amp cedri 2002 probably because of this shortage of data there are few psychological studies on sport injury prevention instead there is a consistent research on rehabilitation process that is why we chose to review the literature on psychology of sport injury rehabilitation'

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