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even those who have barely glanced into their kitchen before they pick it up"food stockpiling for survival top mistakes preppers make
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June 3rd, 2020 - if you re stockpiling foods before a crisis it may be months or years before you use them you can rotate your pantry but there will always be some foods that will take longer to use than others most preppers take this fact into consideration by opting for foods that are preserved in cans freeze dried meals or simply have a long shelf life the best survival foods last at least one year'

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